From the Editor's Desk: The Technology Train

Technology. It makes so much information so easy to obtain. In my opinion, this isn't always good (I need to stop Googling each and every symptom I experience and sending myself into a panic with bizarre self-diagnoses), but for the most part it is extremely beneficial in allowing widespread sharing of useful information. This month we had the opportunity to participate in a live online radio show called Health Radio and use this platform to share important information about exercise and disabilities in the more mainstream world of sports medicine and fitness.

If you missed the live show, the interview with our director, Jim Rimmer, that took place on Tuesday, April 7, can be accessed in the archives of the Sports Medicine and Fitness Show (brought to us by the American College of Sports Medicine) at http://www.healthradio.net/component/option.com_mtree/task/listcats/cat_id,153/Itemid,301/

For National Tai Chi Month, I used another popular online tool (YouTube) to find some great video on Tai Chi (and in less than 3 minutes!). Go to http://www.youtube.com/watch?v=Z130_mxHZhk to watch a video clip of Dr. Zibin Guo from the University of Tennessee at Chattanooga discuss and demonstrate Wheelchair Tai Chi.

I know online radio shows and YouTube are probably considered "old" by now, as fast as things progress, but I'm getting on the technology train. I'll be Twittering before you know it!

Send your questions and comments to Blythe Hiss, NCPAD News Editor, at sbonne2@uic.edu.

Director's Column: Obesity Rates in Youth with Disabilities

There is a troubling realization that overweight and obese youth will almost assuredly grow up to be overweight and obese adults. What lies behind excess body fat for the more than one-third of children who are overweight are a host of physical, psychological, and psychosocial health problems that will undoubtedly remain with the child for much, if not all, of his or her entire life. Obese youth are often bullied by other children and left out of critically important social networks that are so vital to adequate growth and development. This often leads to greater problems in adulthood, including discrimination in the workforce and poorer socioeconomic outcomes. In a British study measuring the quality of life in 126 obese 9-year-old children (55 boys and 71 girls), researchers reported that in all areas of quality of life, ranging from physical and psychosocial health to emotional, social, and school functioning, scores for the obese children were much worse.
compared to an age-matched control group who were not obese.

To read the entire column, go to http://www.ncpad.org/director/fact_sheet.php?sheet=698.

**From the Information Specialist's Desk: Exercise is for Everybody! Do You Get Enough?**

Let NCPAD help you celebrate National Public Health Week (April 6-12) with its theme of "Building the Foundation for a Healthy America." Exercise is for Everybody! Do you get enough? is an awareness campaign from NCPAD that helps organizations promote more active lifestyles among people with disabilities. Upon request, each organization will receive a free poster, handouts with the 2008 Physical Activity Guidelines for individuals with disabilities and a free gift from the NCPAD webshop. Having a disability does not mean that those individuals cannot be healthy. Help people with disabilities get active today by contacting NCPAD at 800-900-8086 or emailing ncpad@uic.edu.

For more information about National Public Health Week, contact the American Public Health Association at 202-777-2509; 202-777-2500 TTY; or bithiah.lafontant@apha.org, or go to http://www.nphw.org/nphw09/default.htm.

**Monthly Observances:**

**National Autism Awareness Month**
Autism Society of America
800-3-AUTISM (328-8476)
info@autism-society.org
http://www.autism-society.org

Related NCPAD Resources:
- Autism and Considerations in Recreation and Physical Activity Settings
- Focus on Secondary Condition Prevention: Walking Program to Reduce Secondary Conditions in Adolescents with Autism
- Autism and Nutrition

**National Healthy Kids Day**
YMCA of Greater Hartford
860-522-4183 x 2333
860-522-1314
linda.garcia@ghymca.org
http://www.ymca.net/about_the_ymca/ymca_healthy_kids_day.html

NCPAD Resources related to kids with disabilities:
- Community Voice: Program Spotlight: RIC Caring for Kids
- Thera-Band® Exercise Ball Program for Kids
- Thera-Band® Elastic Band Program For Kids
- Adapted Yoga for Children and Youth with Cerebral Palsy
- Program Considerations for Integrating Children with Disabilities into Community Sports and Recreation Programs

**World Tai Chi & Qigong Day**
913-648-2256
billdouglass@worldtaichiday.org
http://www.worldtaichiday.org

Related NCPAD Resources:
- Tai Chi
**Nutrition Spotlight: Nutrition for Healthy Aging**

According to the American Dietetic Association, 70% of the physical decline among older adults with chronic disease is associated with modifiable risk factors such as poor nutrition, physical inactivity, and smoking. In addition, nearly 90% of older adults have diabetes, hypertension, high cholesterol, or a combination of all three, each of which has nutrition-related components.

While healthy eating is essential in all stages of life, eating well is especially important for older adults. Wise food choices and a balanced diet are key elements to a healthy lifestyle and can both slow and improve the aging process.


**Video Corner: Bocce Ball**

Go to our current Bocce factsheet to watch video footage taken of a game of Bocce Ball at Access Chicago's 2008 event at Navy Pier in Chicago.

Click on the following link to the Bocce factsheet, and then access the "Video Footage" section: [http://www.ncpad.org/lifetime/fact_sheet.php?sheet=3](http://www.ncpad.org/lifetime/fact_sheet.php?sheet=3).

**Community Voice: Children and Youth Programs (The CAGE)**

Some synonyms for the word 'cage' include to confine, enclose, coop up, shut in, and impound. This doesn't sound all too appealing, right? Just the opposite is true when talking about The CAGE, located in Edmonton, Alberta. The CAGE is a program for children and youth with disabilities out of the University of Alberta with their goal being "to provide opportunities for children and youth to participate in physical activity and fitness programs [and] to develop skills and knowledge towards health and wellness while asserting autonomy and independence in a fun and social environment."


**NUDGE: GlideCycle**

This unique-looking bicycle, with its u-shaped frame rising above the cycler's head and its suspended bicycle seat, gives people with physical disabilities a new alternative to exercise and for play. The GlideCycle was specifically designed to eliminate any kind of bone or joint pressure for riders. Unlike a traditional bicycle, the GlideCycle supports the person's body weight in its patented ergonomic saddle seat that is custom adjusted to each individual and lifts him or her into its smooth-arch suspension, allowing individuals to run, walk, or glide along with ease. The GlideCycle is similar to a bicycle in that it has a handlebar, a seat, and two tires but since your feet are always touching the ground, they act as an added balance feature.

The GlideCycle is ideal for those individuals with conditions such as: leg amputation, arthritis, diabetes, multiple sclerosis, and joint disorders (back, knee, ankle, foot, hip). The GlideCycle does require some ability to balance, but for those that may need more support, a tricycle version is being developed.

To learn more about the GlideCycle and watch videos on how it rides, go to [http://www.glidecycle.com](http://www.glidecycle.com) or contact info@glidecycle.com or 541-292-7520.

**Book Review: New Editions from the American College of Sports Medicine**

American College of Sports Medicine
Lippincott Williams and Wilkins, Philadelphia, PA

An internationally read and referenced text in sports medicine, exercise science, and health and fitness, this manual succinctly summarizes recommended procedures for exercise testing and exercise prescription in individuals both with and without various health conditions. This gold-standard text is a convenient, one-stop resource for the knowledge, skills, and abilities (KSAs) that must be mastered by candidates for all ACSM certifications. Written by international experts in numerous fields, this 8th edition contains the most current public health and clinical information and state-of-the-art, research-based recommendations.

American College of Sports Medicine
Lippincott Williams and Wilkins, Philadelphia, PA

Designed as a companion to ACSM's Guidelines for Exercise Testing and Prescription and as a textbook for ACSM certification candidates, this book covers all the major aspects of preventive rehabilitative and fitness programs and the main points from all position stands of the American College of Sports Medicine. It provides readers with the necessary background information to address the
Emerging Evidence in Health and Disability: Review of Effectiveness of Physical Interventions for SCI


People with spinal cord injuries (SCI) experience a wide range of secondary health conditions that can cause physical impairments relating to activity limitations. Physical interventions have been shown to improve these activity limitations. This study attempted to provide a quantitative analysis of all randomized controlled trials designed to determine the effectiveness of physical interventions for people with SCI.


**In the News ....**

Revised Standard for Accessibility of Surface Systems Under and Around Playground Equipment, ASTM International

This specification establishes minimum characteristics for those factors that determine accessibility and applies to all types of materials that can be used under and around playground equipment. Playground surfaces represented as complying with this specification shall meet all applicable requirements regarding accessibility specified herein. Wheelchair work measurement method — straight propulsion and wheelchair work measurement method — turning shall be performed to conform to the requirements specified.

ASTM International is one of the largest voluntary standards development organizations in the world — a trusted source for technical standards for materials, products, systems, and services.

For more information, go to [http://www.astm.org/Standards/F1951.htm](http://www.astm.org/Standards/F1951.htm).

Seizing Life Experiences Before It Is Too Late, MSNBC Video, March 20, 2009

This story aired on the "Today Show" and is about Peter and Becky Alexander. Peter is a correspondent for NBC and a regular face on the "Today Show" and "NBC Nightly News." In this feature, he interviewed his sister, Becky, who has been diagnosed with Usher syndrome, a condition that is causing her to slowly go blind and deaf. This web-only video features Becky (who is a Spinning® instructor) describing what it's like living with Usher syndrome, and Peter explains the disease that affects his sister and about 16,000 people nationwide.

To watch this interview, go to [http://today.msnbc.msn.com/id/26184891/vp/29790193#29790193](http://today.msnbc.msn.com/id/26184891/vp/29790193#29790193).

Quality of Life Grant from Christopher and Dana Reeve Foundation Awarded to Initiative for Women with Disabilities (IWD), NYU Hospital for Joint Diseases, New York City, March 9, 2009

This Young Women's Program will use the grant to help high school adolescent girls living with paralysis become active members in everyday life. The program, now entering its third year, teaches young women ages 14-21 about health and wellness, and gives them tools to maintain a healthy lifestyle. With the grant, the program plans to increase and expand its outreach and specialized programming that includes fitness, dance, and yoga classes, and expressive art workshops, including songwriting, discussion groups, and wellness initiatives.


Visit the Initiative for Women with Disabilities website at [www.iwdwellness.org](http://www.iwdwellness.org) or contact Lori Donaghy at 212-598-6602 or lori.donaghy@nyumc.org for more information.

Wheelchair Soccer Team Joins Lineup of Programs in Surprise, The Arizona Republic, March 11, 2009

By Cecilia Chan and Sherry Anne Rubiano

The athletes zipped about an indoor court, jockeying to spin-kick an oversized soccer ball by way of bumpers mounted on the front of their wheelchairs. It is practice day for the Surprise Storm, the second power-wheelchair soccer team in Arizona. Surprise unveiled its spanking new team at a January clinic, which included a demonstration by Mesa's Arizona Heat. "Up until now people from all over the Valley went to Mesa," said Joe Gladieux, Surprise recreation coordinator. "It's very popular for people who use power wheelchairs. It's a fast-growing sport for that population." Power Soccer is the first competitive team sport designed and developed specifically for power wheelchair users,
New Center on Health Promotion (CHP) Website!

The Center on Health Promotion Research for Persons with Disabilities (CHP) here at UIC is launching its new website this month. The CHP is located in the Department of Disability and Human Development, College of Applied Health Sciences. It was established in 1997 with the primary aim of identifying people with disabilities who are at risk for developing numerous health complications (i.e., secondary conditions) and providing them with the knowledge and skills necessary for promoting their own independence, equal opportunity, quality of life, and longevity. Building upon core funding from the University of Illinois at Chicago, the CHP has been able to successfully compete for federal funding from the National Institutes on Health (NIH), Centers for Disease Control and Prevention (CDC), and National Institute on Disability and Rehabilitation Research (NIDRR). The following federally funded projects are located in the CHP:

- National Center on Physical Activity and Disability (NCPAD),
- Rehabilitation Engineering Research Center on Recreational Technologies and Exercise Physiology for People with Disabilities (RERC RecTech),
- Personalized Health Promotion Program for Persons with a Physical Disability (PEPRx),
- Health Empowerment Zones for Persons with Mobility Disability (HEZ),
- Disability and Rehabilitation Research Project on Obesity and Secondary Conditions in Youth with Disabilities (DRRP),
- Rehabilitation Research and Training Center on Aging with Developmental Disabilities (RRTC) - Longitudinal Health & Intellectual Disability Study (LHIDS),
- Illinois Disability and Health Program (ILDHP), and
- Universal Design and Health Promotion (UDHP).

For more information, please visit http://uic-chp.org/.

Events, Conferences and Programs

Below is a select listing of upcoming events and conferences. For a complete listing, go to the NCPAD calendar at http://www.ncpad.org/events/index.php.

Physical Activity Mentoring Program for Children with Disabilities, University of Wisconsin-LaCrosse

This program, sponsored by the Center on Disability Health and Adapted Physical Activity, is an innovative community service program matching college students (mentors) with children and young adults (mentees) with disabilities, ages 5-25. Goals of the mentoring program are to increase physical activity, improve nutrition habits, and enhance community-based experiences for persons with disabilities through significant one-on-one relationships.

For more information, please go to http://www.uwlax.edu/sah/ess/mentor/index.htm or contact Heidi Wara at 608-785-8695 or wara.heidi@students.uwlax.edu.

Run for Recovery, April 26, 2009, Prospect Heights, Illinois

Online registration for this 5K BACKBONES run/walk/roll is open until April 19, 2009, and race day registration begins at 7 a.m. BACKBONES is working towards providing support for people with spinal cord injury and their families and striving to build a peer network through telephone, in-person, or web-based connections and encourage growth by the sharing of experiences and ideas.

For more information about this and other Backbones events, please visit http://www.backbonesonline.com/upcomevents.php.

Call for Papers, Special Issue on Disability, The Lancet

The Lancet, the second-highest-ranked medical/health journal in the world, is preparing to publish a special issue later this year on the topic of disability. The deadline for submission of primary research papers is July 31, 2009, and the special issue will coincide with World Disability Day on December 3, 2009.

For more information on this special issue, go to http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(09)60631-0/fulltext.

To submit a paper, go to http://ees.elsevier.com/thelancet.
Youth LEAD (Leadership and Empowerment to Achieve Our Dreams), UMKC Institute for Human Development
Through mentoring and support, the Youth LEAD project at the University of Missouri-Kansas City is for young people with developmental disabilities. It seeks to empower teens and young adults to set and meet personal goals for education, employment, and inclusive recreation.
For more information, go to http://www.ihd.umkc.edu/read_more.php?id=136 or call 816-235-1770 or 800-452-1185 (TTY).

Healthy People 2020 Objective Development Preliminary Comment Period
Deadline: April 24, 2009
This is a preliminary input period that will help inform the development of a set of draft Healthy People 2020 objectives. Healthy People is using the existing 2010 objectives as a starting point to develop the Healthy People 2020 objectives. A more extensive public comment period on the draft Healthy People 2020 objectives will be conducted through http://www.healthypeople.gov at a future date. Details on public meetings will be posted on this site as they become available.

This workshop is sponsored by MonTECH and the Montana Disability and Health Program at The University of Montana Rural Institute, the Region VIII Disability and Business Technical Assistance Center – Rocky Mountain Americans with Disabilities Act Center, and the U.S. Forest Service Northern Regional Office. There will be a field trip to Missoula area outdoor recreation sites to view and discuss accessibility needs, challenges, and solutions.
For more information, go to http://recreation.ruralinstitute.umt.edu/register/ or call Kathy Laurin at 406-243-5769.

Free Inclusion U Training, New York State Inclusive Recreation Resource Center (NYS IRRC), Cortland, NY
Learn about best practices in inclusion and accessibility in order to assess recreation sites and facilities for physical, administrative, and programmatic inclusion. This training is geared toward people with disabilities, family members, recreation professionals, students, or advocates.
For more information, go to http://www.cortland.edu/nysirrc/ or contact Laurie Penney McGee at 607-753-4833 or laurie.penneymcgee@cortland.edu.

All Abilities Team, Breast Cancer 3-Day Event, August 7-9, 2009, Chicago, IL
Recruiting Team Members of ALL Physical Abilities!
For more information about the 3-Day Breast Cancer Event, go to http://www.The3Day.org. To register for this team, call 800-996-3DAY and specify that you are joining the All Abilities Team. For more information, you may also call 800-900-8086 or email sbonne2@uic.edu.

Abilities Expo, April 17-19, Edison, NJ (See Additional Dates and Locations Below)
Abilities Expo is dedicated to educating and improving the lives of Americans with disabilities, senior citizens, families, caregivers, healthcare professionals, professional therapists, and corporate ADA administrators.
If you have questions or comments, please call Sarah Galbraith at 717-260-0351. To learn more about Abilities Expo, visit http://www.abilitiesexpo.com.
Other 2009 Show Dates:
- Anaheim - May 29-31 - Anaheim Convention Center
- Chicago - June 25-27 - Schaumburg Convention Center
- Atlanta - November 5-7 - Cobb Galleria Convention Center

Call for Hosts, Inclusive Playgrounds Awareness Event, Inclusive Fitness Coalition (IFC)
The IFC is calling for advocates, community groups, families, and other related organizations to host awareness events focusing on inclusion at various playgrounds across the world. Plan an event in your community and help spread the word and educate others who may not be aware of the benefits of inclusive design and play. Inform the IFC of your plans and let it help disseminate this information. Participating playgrounds/groups will be submitted for possible inclusion in a series of articles for national magazines, in addition to the IFC website and newsletter.

If you would like to host an event, please contact Jessica Madrigal at jmadril@uic.edu. To find out more about IFC's Inclusive Play Workgroup, go to http://www.incfit.org/node/169.

**Employment**

*Please see the online links listed for each position and/or go to NCPAD "Jobs" at http://www.ncpad.org/employment/ for further descriptions of these job listings and others.*

**Hourly Research Specialist in Developmental Disabilities, Center on Health Promotion Research for Persons with Disabilities (CHP), Department of Disability and Human Development, University of Illinois at Chicago**

The CHP has an immediate opportunity for approximately 20 hours per week to assist with data management/cleaning, developing survey instruments, statistical analysis, and other research- and office-related duties.

Website: [http://uic-chp.org/index.html](http://uic-chp.org/index.html)
Application and Inquiries: bcgraham@uic.edu

**Consultant in Disability Policy, Women's Sports Foundation**

This position's objective includes securing federal legislation or regulations to increase school-based opportunities for students with disabilities in sports and physical education as well as lobbying members of Congress, meeting with regulatory agencies, building coalition and organization support, and creating resources and materials to support the campaign efforts.

Application and Inquiries: Terri Lakowski, TLakowski@womenssportsfoundation.org

**Research Science Officer (Associate Director for Science), Division of Human Development and Disability (DHDD), Centers for Disease Control and Prevention (CDC), Atlanta, GA**

This position will serve as the senior advisor to the Director of DHDD on all scientific and epidemiologic matters as they relate to surveillance, statistical, behavioral, and epidemiologic research.

Inquiries: Gloria Krahn, GKrahn@cdc.gov; Donald Betts, DBetts@cdc.gov

**Disability Surveillance and Epidemiologic Research Fellow, Disability and Health Branch, Division of Human Development and Disabilities, National Center on Birth Defects and Developmental Disabilities, Centers for Disease Control and Prevention (CDC)**

*Application deadline: April 30, 2009 (recently extended)*

Primary activities will consist of conducting analyses related to comparative health surveillance of people with and without disabilities to identify health disparities and to engage in epidemiologic research to identify risks for those disparities.

Inquiries: Sue Lin, 301-588-8252

**3 Job Opportunities, Afterschool Fitness Classes for Kids, Chicago, IL**

- Certified/Licensed Recreational Therapists
- Certified/Licensed Fitness and Yoga Instructors
- Respite and Child Care Aides

For more information, contact Sheretta Bolling at BollingS@americanimaging.net.
Research Associate, University of Montana Rural Institute, Missoula, MT

This full-time position is funded through the Research and Training Center on Disabilities in Rural Communities, a nationally recognized research unit promoting the health, employment, and community participation of people with disabilities living in rural areas.

Website: www.umt.edu/jobs/ under the "professional" tab
Application: L. Zschaechner, Rural Institute, 52 Corbin Hall, The University of Montana, Missoula, MT 59812-7056; lyndaz@ruralinstitute.umt.edu
Inquiries: 406-243-4860; lyndaz@ruralinstitute.umt.edu

Employment Opportunities, Association of University Centers on Disabilities (AUCD), Silver Spring, MD

AUCD has positions available at the central office as well as within the AUCD network. More recent employment opportunities include the following:

- Program Manager/Specialist - (AUCD)

Website: http://www.aucd.org/template/page.cfm?id=158
Inquiries: 301-588-8252

Grants and Funding Opportunities

Disability and Rehabilitation Research Projects Program (DRRPs) in Technology Access in Resource-Limited Environments, National Institute on Disability and Rehabilitation Research (NIDRR)
Pre-Application Meeting: April 23, 2009.

The purpose of the DRRP program is to improve the effectiveness of services authorized under the Rehabilitation Act of 1973 by developing methods, procedures, and rehabilitation technologies that advance a wide range of independent living and employment outcomes for individuals with disabilities, especially individuals with the most severe disabilities. DRRPs carry out one or more of the following types of activities: Research, training, demonstration, development, dissemination, utilization, and technical assistance.

Information on this competition can be found at http://edocket.access.gpo.gov/2009/E9-6322.htm.

Telehealth Resource Center Grant Program (TRCGP), Health Resources & Services Administration
Applications due: April 22, 2009

The primary purpose of the TRCGP is to support the establishment and development of Telehealth Resource Centers (TRC) that assist health care organizations, health care networks, and health care providers in the implementation of cost-effective Telehealth programs to serve rural and medically underserved areas and populations.
For more information, go to https://grants.hrsa.gov/webExternal/SFO.asp?ID=A3AB6D39-9907-48E5-A934-B16B84BC5EB6

Health Promotion and Disease Prevention Research Centers: Special Interest Project Competitive Supplements, Centers for Disease Control and Prevention (CDC)
Application Deadline: May 15, 2009

This funding will provide supplemental funding to Prevention Research Centers, to design, test, and disseminate effective prevention research strategies in the areas of chronic disease prevention and control in the areas of cancer prevention and control; nutrition, physical activity and obesity; heart disease and stroke; epilepsy; tobacco prevention; unintended pregnancy; and aging.

For more information, go to http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=46133.

Research to Aid Persons with Disabilities (RAPD), National Science Foundation
Closing Date: September 15, 2009

The RAPD program supports research that will lead to the development of new technologies, devices, or software for persons with disabilities. Research may be supported that is directed to the characterization, restoration, and/or substitution of human functional ability or cognition, or to the interaction of persons with disabilities and their environment. Areas of particular recent interest are disability-related
research in neuroscience/neuroengineering and rehabilitation robotics.

For more information, go to http://www07.grants.gov/search/search.do?oppId=45854&mode=VIEW.

National Grant to Support Young People with Disabilities, Mitsubishi Electric America Foundation (MEAF)
Deadline: June 1, 2009

Through its National Grant program, MEAF provides funding to nonprofit organizations that are working toward the full inclusion of young people (newborn to early 20s) with disabilities in society. Proposed projects should be national in scope and have the potential to be replicated at multiple sites. A major program emphasis is inclusion — enabling young people with disabilities to have full access to educational, vocational, and recreational opportunities and to participate alongside their peers without disabilities.

For more information, go to http://www.meaf.org/grants.php.

Promoting Careers in Aging and Health Disparities Research, National Institutes of Health (NIH)
Deadline: May 7, 2012

This opportunity is limited to applications for career development in support of health disparities related to aging and will help to build capacity in aging and health disparity research.

For more information, go to http://www.grants.gov/search/search.do;jsessionid=B2QHJMNvbgQMSlt3CLnzJjgffYbyW6ldnKpMsLTXwn0NvMvDt1Sk2!492643356?oppId=46363&flag2006=false&mode=VIEW.

Recreational Programs, U.S. Department of Education
Application Deadline: April 24, 2009

The purpose of the Recreational Programs is to provide individuals with disabilities with recreational activities and related experiences to aid in their employment, mobility, socialization, independence, and community integration. The local recreation projects that are funded under this program will continue after Federal assistance ends.

For more information, go to http://www07.grants.gov/search/search.do?&mode=VIEW&flag2006=false&oppId=45438.

Participation in Research

Electrical Stimulation Training of Paralyzed Muscle, University of Georgia and Shepherd Center, Atlanta, GA

If you are between the ages of 18 and 59, live in the Northeast Georgia area, and have complete paralysis of lower legs, you can be a research subject to test whether home-based electrical stimulation training can improve glucose tolerance and reduce diabetes.

For more information, contact Kevin McCully, Ph.D., Kinesiology Department, University of Georgia, at 706-542-1129 or mccully@uga.edu.

Request for Research Participants, Department of Disability and Human Development, University of Illinois at Chicago

The University of Illinois at Chicago is looking for children with disabilities aged 12-18 and their parents/caregivers to complete an Internet-based survey on the lifestyle and environment of adolescents with disabilities. This survey can be found by visiting the following link: http://www.healthforyouth.org and entering the access code: NCPAD.

For more information, or if you have difficulty accessing the survey, please contact Brienne Davis in the Department of Disability and Human Development at bdavis7@uic.edu or 312-355-4054.

Research Participants Needed to Help Develop Universally Accessible Exercise Equipment, University of Illinois at Chicago (UIC)

If you are between the ages of 18 and 50, live in the Chicago area, are healthy, and use a manual (non-electric) wheelchair, you can be a research subject to test and evaluate new accessible exercise equipment. The total time commitment is about 1 hour and compensation will be provided.

This research is directed by Karen L. Troy, Ph.D., in the Musculoskeletal Biomechanics Laboratories at UIC. For more information, please
Supported Speed Treadmill Training Exercise Program (SSTTEP) for Marginally Ambulatory Children with Cerebral Palsy

This study looks at the effects of a 12-week exercise program, consisting of either walking on a treadmill with a portion of body weight supported by an overhead harness, or a functional exercise program on the quality of life, muscle strength and control, coordination, walking, and functional movement of children with cerebral palsy.

For more information, go to http://www.clinicaltrials.gov/ct2/show/NCT00467415 or call Kyle Watson at 215-430-4120 or Therese Johnston at 215-430-4089.